

Chennai School of Music Therapy Taking Traditions to Clinical Practice

An Introductory Music Therapy Course



Duration of the course: One day

Time : 10.00 am to 05.00 pm

Fees : Rs.2000/-

Rs.200 additional fee for

E-certificate

www.chennaimusictherapy.org | info@chennaimusictherapy.org

Who can take up the course?



Candidates who are graduates in any discipline / awaiting final year results / pursuing bachelor's degree / passed 12th Std

Objectives of the Course:

- **1.** To create an awareness on the evidence-based therapeutic effects of music.
- **2.** To introduce the conceptual framework in establishing a relationship between music, health, and well-being and how music can be integrated as a complementary health care method in medical treatments.
- **3.** To make understand what is music therapy? What are the opportunities available to the aspiring music therapists to work as a music therapist in India? How can a music performer turn into a clinician? The Role of performing arts in therapy.
- **4.** To help gain knowledge on the effect of music in our everyday life, music and its bio-psycho-social effects on human beings, music and its effect on the brain and the brain plasticity.

Learning Outcomes

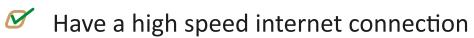
The participants after attending the course will be able to

- 1. Describe the scientific basis of the therapeutic effects of music.
- 2. Use music as a self-care method to induce positive emotions and cognition and reduce stress in daily lives.
- 3. Get sensitized to the effect of music on salutogenesis and use music as a preventive health care strategy.



Online Course Requirements





Use of headphones and video camera are mandatory

Certificate Requirement: Completion of class test



Course Coordinators
Ashish Kasbe - 93265 50034
Vikram Kannan - 97171 45792

English is the official language for the course



Account Name:

Chennai School of Music Therapy Private Ltd.

A/c type: Current account
Account no. 6013337595
IFSC code: IDIB000P193
Indian Bank, Puzhuthivakkam Branch

No.3, Medavakkam Main Road,

Chennai 600 091 Tamil Nadu